

Fishguard Trains Timetable

(Abbreviated) 14th May 2012 to 14th September 2012

Trains from Fishguard - Monday to Saturday

Fishguard Hbr	06:53	08:04	09:56	13:30 ₂	19:00	20:50	01:50
Fishguard & Goodwick	06:56	08:07	09:59	13:33	19:03	20:53	01:53
Clarbeston Road	07:16	08:25 _x	10:17 _x	-	19:21 _x	21:12 _x	02:12 _x
Whitland	07:41	08:37	10:31	14:04	19:44	21:26	02:24
Carmarthen	07:55	08:55	10:49	14:21	20:00	21:47	02:41
			11:02	14:34		22:35	
Swansea	08:49	09:48	11:49	15:22	20:47	23:32	03:29
Cardiff Cent.	09:46	10:47	12:47	16:04	21:50	-	05:02
London Paddington	12:00	13:00	15:08	18:30	-	-	07:32

Trains to Fishguard - Monday to Saturday

London Paddington	-	-	-	08:45	13:45	15:15	20:15
Cardiff Cent.	-	-	06:42	10:57	16:04	17:39	22:26
Swansea	-	-	07:50	11:38	17:05	18:41	23:45 ₄
Carmarthen	05:50	-	08:45	11:48	17:57	19:30	00:31
Whitland	06:05	-	08:59	12:01	18:13	19:46	00:46
			09:07	12:45			
Clarbeston Road	06:20 _x		09:22 _x	-	18:27 _x	20:00 _x	01:00 _x
		07:34				20:05 ₃	
Fishguard & Goodwick	06:38	07:52	09:41	13:17	18:46	20:23	01:20
Fishguard Hbr	06:44	07:58	09:47	13:27	18:51	20:29	01:28

Through services are in black and connection times are in blue italics. Connections to London usually arrive about 30 minutes later on Saturdays. For Sunday trains check with Arriva Trains Wales.

Note 1 The 08:04 from Fishguard Harbour continues from Cardiff to Manchester Piccadilly (arr 14:15).

Note 2 For Swansea by the 13:30 Fishguard Harbour boat train change at Carmarthen (arr 14:21 dep 14:33) for Swansea (arr 15:22).

Note 3 The 20:25 Clarbeston Road to Fishguard runs 25 minutes later on Saturdays, with connections from London 15:45, Cardiff 18:04, Swansea 19:05, Carmarthen 19:55 and Whitland 20:10.

Note 4 The 23:45 Swansea to Fishguard on Saturdays has a connection from London at 19:45 and Cardiff at 22:07.

Note 5 'x' against a time means that the train stops on request.

Free parking at Fishguard and Goodwick Station with local bus services stopping outside.

Passengers are advised to check the train times with Arriva Trains Wales before travelling at www.arrivatrainswales.co.uk or www.nationalrail.co.uk or phone 08457 48 49 59 or for Welsh language service 0845 60 40 500.

FISHGUARD BAY HOTEL

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Just minutes away from Fishguard and Goodwick Station and Fishguard Harbour Ferry Port



Useful Information

Fishguard Tourist Information Centre, Town Hall, Market Square, Fishguard, SA65 9HA Tel: 01437 776636

Email: fishguard.tic@pembrokeshire.gov.uk

For tourism enquires, booking accommodation, local guides, etc. Very friendly and knowledgeable staff.

Useful Guide

For further information look out for the Last Invasion Country 2012 Free Guide to Fishguard, Goodwick & North Pembrokeshire. Available at Tourist Information Centres and widely distributed through local businesses.

Useful Websites

www.arrivatrainswales.co.uk Arriva Trains Wales
www.gofishguard.co.uk
 Fishguard & Goodwick Chamber of Trade & Tourism
www.fishguardonline.com Local Information
www.pembrokeshirecoast.org.uk
 Pembrokeshire Coast National Park
www.explorepembrokeshire.com Pembrokeshire Attractions
www.pembrokeshiregreenways.co.uk Coastal Bus Service
www.pembrokeshire.gov.uk Pembrokeshire County Council
www.pembrokeshireinformationcentres.co.uk Contact details
www.stenaline.co.uk Stena Line Ferries
www.allpointswest.info
 South West Wales Community Rail Partnership
www.its4u.org.uk
 Theatr Gwaun, West Street, Fishguard - Tel: 01348 873421

The North Pembrokeshire's Transport Forum campaign for better Fishguard train services and the re-opening of Fishguard and Goodwick Station contributed to the inclusion of both projects in the Regional Transport Plan, a requirement for government funding for these projects.

Passengers are advised to check all train times with Arriva Trains Wales before travelling.

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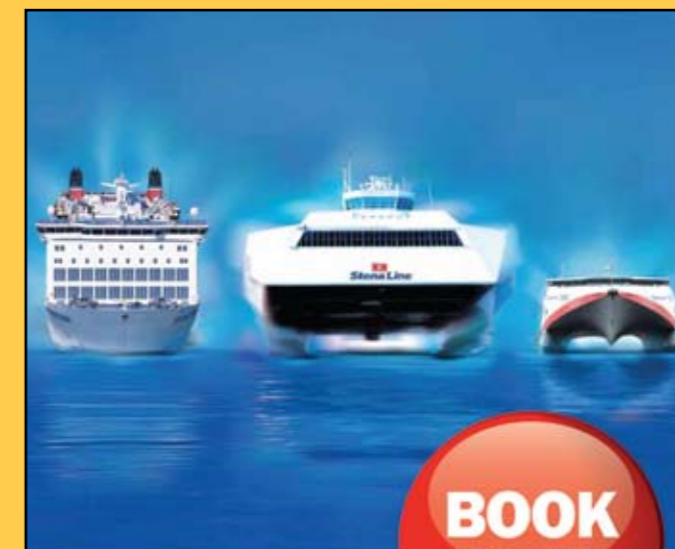
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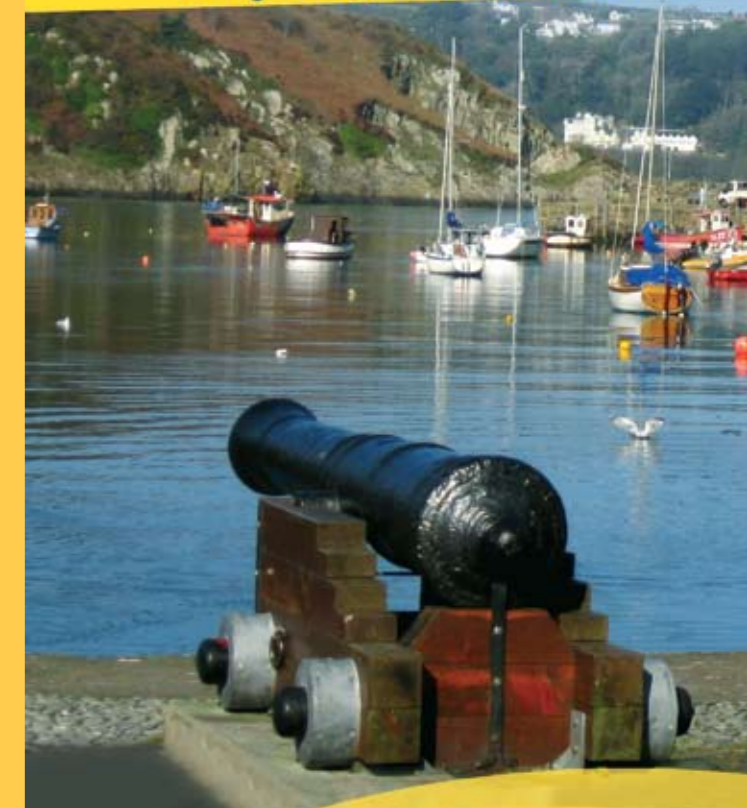
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Visit Fishguard, Goodwick and North Pembrokeshire by Train

Dewch ar y Trên i ymweld ag Abergwaun, Wdigi a Gogledd Sir Benfro



Lower Town, Fishguard

TRAIN TIMETABLE INSIDE VALID FROM MAY 14TH 2012 TO SEPTEMBER 14TH 2012

Last Invasion Tapestry



The Last Invasion Embroidered Tapestry is 30.4m long by 53cm deep and took four years to complete. It was commissioned by the Fishguard Arts Society as a permanent legacy of the Bicentenary Commemorations. It is now owned by a charitable trust - the Fishguard Invasion Centre Trust Ltd. The Tapestry was designed by Elizabeth Cramp and the embroidery advisers were Rozanne Hawksley, Eirian Short and Audrey Walker. Seventy-seven local people helped to make it. It was designed in a similar format and is the same depth as the Bayeux Tapestry (which tells the story of the 1066 Norman Invasion).

The embroidery stitches are mostly the same as those used by medieval embroiderers and, similarly, parts are worked in outline as well as in solid areas. 178 shades of crewel wool were used and the subtle colour changes indicate late winter days, night-time or candle light. Historical facts and popular legends combine with Elizabeth Cramp's sense of humour and eye for detail to provide an imaginative interpretation of a little known, but significant, moment of Welsh and British history.

The Tapestry is displayed at the Last Invasion Tapestry Gallery in the Town Hall which is open ...

Monday, Tuesday, Wednesday, Friday	9.30am - 5.00pm
Thursday	9.30am - 6.30pm
Saturdays April - September	9.30am - 5.00pm
Saturdays October - March	9.30am - 1.00pm
Open Sundays during August	10.00am - 4.00pm
Open on Bank Holidays	10.00am - 4.00pm

For further information, telephone 01437 776638
For coach / group bookings, telephone 01437 776122

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Welcome to Fishguard, Goodwick and North Pembrokeshire

The opening of Fishguard and Goodwick Station, located in Goodwick, has been welcomed by everyone in the local community. Day-visitors and holidaymakers alike will also find it easier to reach the twin-towns and the surrounding countryside and to access the Pembrokeshire Coast National Park and the Coast Path.

Fishguard and Goodwick

Fishguard and Goodwick are situated around Fishguard Bay in an area of natural beauty and historical interest. Lower Town, in Welsh 'Y Cwm', is the oldest part of Fishguard and its picturesque harbour was the film location of Dylan Thomas' 'Under Milk Wood' starring Richard Burton and Peter O'Toole.

Fishguard is a small market town with its shops and businesses intertwined with art galleries and gift shops and its friendly people, many of whom are Welsh speaking, are always willing to offer helpful advice. There is a choice of accommodation from hotels to guest houses and B&B's to a holiday caravan park. Restaurants, coffee houses, cafes and inns provide refreshments for all tastes. Strolling around Fishguard you are never far from the sea and from the Marine Walk you can enjoy some stunning views of the coastline.

The Town Hall houses the Market Hall which holds food markets on Thursdays and Saturdays, the Tourist Information Centre, the Library and the Gallery which displays the Last Invasion Tapestry, a permanent legacy of the 1997 bicentenary celebrations which commemorated the Last Invasion of Britain on Pencaer peninsula near Goodwick.

Goodwick has a number of local shops and businesses with a variety of accommodation and dining options. The Fishguard Bay Hotel overlooks the harbour from which Stena Line operate their all year round ferry service to Rosslare. Fishguard

Harbour has its own Station and is the terminus of the railway line. Yet-y-Gors Fishery near Manorowen, Fishguard is under new ownership and the owners have extensive plans for improving the facilities which include four lakes over seven acres.

Goodwick Sands provides a safe beach for families with a popular play area for children and the Ocean Lab has an exhibition of sea shore life, Cyber Café, Soft Play Area, Tourist Information Centre and a Coffee Shop. Goodwick Moor is a designated Nature Reserve with 'twitchers' travelling from England and Ireland to view rare birds. Bottlenose dolphins and porpoises are often seen in and around the harbour and along the coastline. Outline planning permission has been granted for the redevelopment of Fishguard Harbour to include a 459 berth marina and ancillary facilities.

Festivals celebrating music and the arts, craft fairs and other events are widely held throughout the twin towns and North Pembrokeshire. Theatr Gwaun at Fishguard shows the latest film releases and other events including live performances. Fishguard's modern Leisure Centre includes a superb 4-lane swimming pool, a learner pool, sports hall, fitness suite, etc with special events for children during the holidays.

North Pembrokeshire

For those who enjoy walking, cycling and the outdoors in general it would be difficult to find a better location for a holiday or short break to suit all ages. In addition to normal bus services, there are Coastal Bus Services that travel along the coast, seven days a week during the summer, to access walks, beaches, boat trips and local villages. Amongst the attractions of North Pembrokeshire is the small seaside town of Newport, just north of Fishguard. As well as having two beaches and an 18 hole links course it is a gateway to the wooded Gwaun Valley and the Preseli Hills.

Morawel

Glyn y Mel Road
Lower Town, Fishguard
Tel: 01348 873366
www.morawel.co.uk

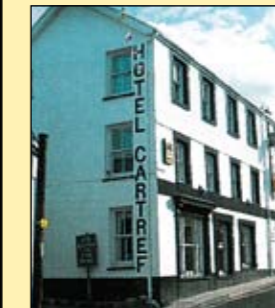


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Major Local Events 2012

- OLYMPIC TORCH FISHGUARD Sunday 27 May
- FISHGUARD FOLK FESTIVAL 1 - 4 June
www.pembrokeshire-folk-music.co.uk
- PEMBROKESHIRE FISH WEEK 23 June - 1 July
www.pembrokeshirefishweek.co.uk
- FISHGUARD INTERNATIONAL MUSIC FESTIVAL
20 - 28 July www.fishguardmusicfestival.co.uk
- LIONS FUN DAY Saturday 21 July, Goodwick
- FISHGUARD SHOW Friday 3 August
- RNLI OPEN EVENT Saturday 4 August, Lower Town, Fishguard
- FISHGUARD & GOODWICK AUGUST FESTIVAL 5 - 19 August
- PEMBROKESHIRE COUNTY SHOW 14, 15, 16 August
www.pembrokeshirecountyshow.co.uk
- ABERJAZZ FESTIVAL 23 - 27 August www.aberjazz.com
- ROUND TABLE FISHGUARD AND GOODWICK CARNIVAL
Saturday 25 August
- FISHGUARD'S AUTUMN FESTIVAL 1 - 3 November
Round Table www.fishguardsautumnfestival.co.uk
- NEW YEAR'S EVE STREET FESTIVAL Fishguard Square
8.00pm - 1.00am Band, Disco, Children's Entertainment, Fireworks.

Useful Telephone Numbers

Telephone numbers beginning 87 are Fishguard no's STD 01348

POLICE:

Non-emergency dial 101
Emergency dial 999

HEALTH CENTRES:

- Ropewalk, Fishguard
0844 576 90 98
- Goodwick Surgery, Main
Street, Goodwick 872802

PHARMACIES:

- Lloyds Pharmacy, 5 Ropewalk,
Fishguard 875177
- Boots the Chemist,
Market Square, Fishguard
872856
- Myrtle Pharmacy,
Goodwick Square 872828

HOSPITAL:

- Wthybush General Hospital,
Haverfordwest 01437 764545

VET: Fishguard Veterinary
Services, 52 High Street,
Fishguard 873810

POST OFFICES:

- West Street, Fishguard
873863 Open 9-5.30pm Mon-Fri,
9-12.30 Sat
- Main Street, Goodwick
872842
Open 9-5.30pm Mon, Tues, Thurs, Fri,
9-1.00pm Wed & Sat

BANKS:

- Barclays, Market Square,
Fishguard
- HSBC, 18 West Street,
Fishguard
- Lloyds TSB, 7 West Street,
Fishguard

LIBRARY: Town Hall, Market Square, Fishguard

01437 776638
Open: April-Sept: Mon-Wed, Fri, Sat
9.30am-5pm, Thur 9.30am-6.30pm
Oct-March: Mon-Wed, Fri 9.30am-5pm,
Thur 9.30am-6.30pm, Sat 9.30am-1pm